

## ABSTRACT OF THE DISCLOSURE

A bagel filling kit includes a plurality of hollow tubular members, and a plurality of plunger members insertable into respective ones of the tubular members. The tubular members may be preloaded with respective charges of flowable comestible materials.

- 5    Optionally, the plunger members are partially inserted into respective tubular members. Where the tubular members are preloaded, the user need only select a tubular member with a desired filling, insert a nozzle end of the tubular member into a hole in a bagel, where the hole communicates with a chamber inside the bagel, and push the plunger to thereby eject the filling material into the bagel.